



# COMMUNITY OF CARING FOUNDATION

# NEWSLETTER

Summer 2008

Aspen Mine Center, Cripple Creek, Colorado

Vol. 5, No. 2

## SCHOOL-BASED HEALTH CARE ARRIVES at CC-V

Cripple Creek-Victor school district is very pleased to announce receipt of a grant from the Colorado Department of Public Health and Environment (CDPHE) to open a **School-Based Health Center** Fall 2008. The Center's name is **Cripple Creek Victor Mountain Health Center (CCV MHC)**.

The **CCV MHC** will have preventive and primary health care services for our students. Some of the services will include: immunizations, well-child checks, acute medical care, sports physicals and more. Students with insurance, including Medicaid and CHP+, as well as the uninsured will qualify. There will be a requested donation of \$5.00 per visit to the provider at the **CCV MHC**. There will also be mental health services that will be provided by Pikes Peak Mental Health for Medicaid children, for individual counseling. Cripple Creek Counseling Center will provide group counseling.

We are excited to have Peak Vista Community Health Center (**PVCHC**) as our partnering medical clinic agency. **PVCHC** will hire a Mid-Level Practitioner ( Nurse Practitioner or Physician Assistant) and a Medical Assistant. If you know of anyone interested in these positions, please contact **PVCHC** Human Resources at (719) 228-6653, apply on-line at [www.peakvista.org](http://www.peakvista.org) or contact Laureen Murray, RN, at CCV Schools at (719) 689-9230.

Student enrollment for **CCV MHC** will occur at school registration in August, with additional information available. Registered students and their siblings, birth through 21, will be eligible. **CCV MHC** will have a tempo-



**No longer just checking teddy bear's health (as at Head Start's Teddy Bear Picnic last year). CC-V MHC scheduled for Fall 2008.**

rary location in the nurse's office in Cresson Elementary School.

Working with the Coordinated School Health Model, **CCV MHC** will become a resource for health education and information. Each of the approximately 1,500 School-Based Health Care Centers in the United States, and approximately 40 in Colorado, is the result of a grass-roots response to community needs.

We will need everyone's help to make this a success in our community!  
— Laureen Murray  
Martha Hubbard



**HAPPY [SIXTH] BIRTHDAY, ASPEN MINE CENTER!**

## Rural Philanthropy Days comes to Cripple Creek

On Sept. 24, 25, 26, Cripple Creek will host Rural Philanthropy Days (RPD) for the five-county Heart of Colorado region (Teller, Park, Fremont, Chaffee, Custer). This event only comes to a region once every four years. This is our first time as host. Co-chairs include our own Lisa Noble and Jill Sievers and Fremont County's Don Farr (the 2004 event was in Canon City).

About 250 grant-makers and regional grant-seekers, including nonprofits and government entities, will meet at the Double Eagle Conference Center, to learn and share and connect funders with appropriate fund-seekers.

For more information or to register, go to [www.heartofcorpdc.org](http://www.heartofcorpdc.org).

## Prospect Invites You to "Meet Nurse Extraordinaire, Judy Conlon"



World traveler, author, and home care nurse extraordinaire, Judy Conlon is the newest addition to Prospect Home Care & Hospice's nursing team. Judy's nursing career began over 50 years ago in California and has taken her to military bases around the world and to South Africa with the Peace Corps. In

1997 Fithian Press published Judy's book, *Crossroads of the Heart*, chronicling her adventures in Europe.

Ask Judy why she's a nurse and she'll tell you, "It's all I ever wanted to do since I was 5 years old." She beams, "I love people. I love to see their health improve and know that I had a hand in helping them." Judy enjoys helping people any way she can; while in South Africa she not only provided much needed health care, she also started a community garden where local people could grow vegetables to help themselves during food shortages.

Judy now brings her broad experience and compassion to our local residents through Prospect Home Care & Hospice

programs. Prospect provides professional medical home care to assist individuals in the safety and comfort of their own home. Prospect's Helping Hands program provides assistance to foster independence and safety in the home with services such as housekeeping, meal preparation, and medication reminding. Prospect also offers a Personal Emergency Response System; a monitored call-button device that notifies family, friends, or emergency medical assistance that you need help. Prospect Home Care & Hospice is your partner for life, helping you plan and manage care at home. Call 687-0549 for information.

### ATTN SENIORS!

If you are 55 years old or older, low income, seeking to re-enter the workforce but needing some new skills, call Hank or Suzanne at 689-3584 to apply for a paid training position. Community of Caring is a Host Agency for RM-SER's SCSEP (Senior Community Service Employment) program. We have an opening for a Resource Center trainee.

### EARN WHILE YOU LEARN!

## Teller County Public Health Has Expanded Hours at the Aspen Mine Center

Teller County Public Health (located on the lower level at the Aspen Mine Center) has expanded the hours that they are at the Aspen Mine Center in Cripple Creek. Public Health is now at the Aspen Mine Center every Wednesday from 11:00 a.m. to 12:00 noon and on the last Friday of each month from 9:00 a.m. to 3:00 pm. **Appointments are required.**

Services offered during these times include:

*Women's/Men's Health Services* – Mammogram scheduling; pap smears; STD testing; Birth Control

*Children's Health Services* – Well child exams; preschool physicals  
*Child/Adult Immunizations*  
*Nutrition/Weight Education*  
*Smoking Cessation*  
*Health Screenings* – Cholesterol; Blood Pressure; Glucose; Oxygen Level check.

Please call Teller County Public Health at (719) 687-6416 to schedule appointments or for more information.



**SPOTLIGHT**  
 An Aspen Mine Center program or agency spotlight will be a regular newsletter feature beginning with this issue.

## Veterans have new friend in Teller County

We have a new Veterans Service Officer in Teller County. Mike Bartol, a retired Navy Commander, was hired in May. He will assist veterans with their benefits, including disability, health, education and home loans. His office is in the Cobblestone Building in Woodland Park. His usual schedule is Monday, Wednesday, Thursday 8 a.m. to 2 p.m.; Friday 9 a.m. to 11 a.m. He will schedule interviews in Cripple Creek at the Aspen Mine Center on Tuesdays.

Mike is a multi-tour Vietnam Veteran and a career Naval Officer. He retired in 1992. He has been a Teller County resident since 1993, has been active in a variety of Veterans support programs, commanded the local Veterans of Foreign Wars Post, and is a member of the Board of Directors of Colorado Veterans Support Veterans Coalition, a leader in providing support to homeless Veterans in Southern Colorado.

Mike's phone number is 686-5526.

# Coordinator's Corner by Ted Borden

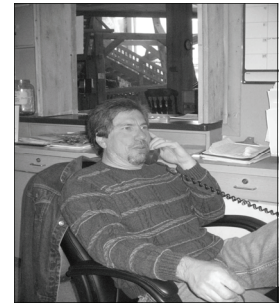
Once a month the Aspen Mine Center has the honor of hosting the Teller County Resource Group. There are generally 25 agency and community representatives in attendance at these meetings. The purpose of this gathering is to bring as many human service representatives around the table as possible in a collaborative effort to educate each other to the services and programs offered through each agency. In this way, we are able to integrate the delivery of services to the clients, avoid duplication of programs, and identify gaps in the community so that other quality programs can be created. The more we know about what our partnering agencies offer, the more effective and seamless the delivery of services can be.

Teller County is blessed to have agencies whose primary goal is to address the needs of our community families and individuals in a compassionate and efficient way. Many other counties in Colorado and in neighboring

states have visited various agencies in Teller County and have been impressed not only by our commitment to quality programs but by our willingness to collaborate in ways most beneficial to the client.

This past week I was particularly touched by a client from another county who recently lost a loved one. After spending a bit of time with her and referring her to several individuals and agencies that assisted her in her time of sorrow, she told me how impressed she was with the services she was provided and with the compassion and understanding that comforted her. I believe it is this type of kindness and client-centered approach that has the penetrating ability to change lives in a lasting and profound way.

I am truly honored to work side by side with dedicated and committed individuals who have a passionate and creative approach to service delivery. Thanks to all of you for all you do.



**Y'all come! Habitat for Humanity work party Tuesday, JULY 15. Lunch provided.**

**Relatives In Need Of Support (RINOS), a Grandparent/Kinship Care Support Group, meets the 1st and 3rd Thursday of each month in The Aspen Mine Center. Child care is provided. For more information, contact Richard Kleiner at 689-3584 ext. 108 or Lisa McIver-Ross at 499-2151.**

## Pikes Peak Region CASA Seeks Volunteers for July Training

Court Appointed Special Advocates (CASA) is a volunteer-based nonprofit that trains and supervises volunteers to represent the best interests of our most vulnerable citizens: child victims of abuse, neglect and severe domestic conflict. CASA volunteers are appointed by judges to be a voice for these children in court and in the community. The desired result is that children be placed in safe, loving homes where they can thrive. Judges rely on CASA volunteers to ensure critical evaluation and recommendations in Teller County's most complex child abuse and neglect cases.

Before CASA, children removed from abusive parents languished in temporary foster care for an average of three to six years. CASA volunteers help move children out of foster care into permanent homes in an average of 14-20 months. Hope begins for these children when a judge appoints a well-trained CASA volunteer to advocate for them. The child's attorney, Teller County Dept. of Social Services, and the court, all work in collaboration on these cases, but CASA is an independent

organization whose volunteers typically carry only one case at a time and are often the only consistent, caring adult in the child's life for the entire length of the case.

In 2007, Teller County Social Services opened 30 cases involving child maltreatment. CASA volunteers were assigned to 11 of those cases, serving 19 children. "We are blessed to have some amazing volunteers who do great things on behalf of these kids, but we need more of them," said CASA Case Supervisor Terry Dickman. "Judge Colt is always asking for our help, but too often we have to turn down cases because we just don't have enough volunteers."

In order to serve children awaiting advocacy in Teller County, CASA is seeking volunteers for a July training class. Volunteer applications are due by end of June.

For more information, go to [www.casappr.org](http://www.casappr.org) or call Terry Dick-

**CASA Facts and Figures**  
The cost of having a child in foster care for one year is \$18,600.  
Moving a child into a safe home 4 months early saves taxpayers \$6,220 per child.  
The cost of serving a child for an entire year through CASA is only \$2,050.  
Children and parents receive more community services with CASA on their case.  
Cases involving CASA are more likely to be permanently closed.  
Children with a CASA are less likely to be re-abused or to return to the system.

**Make a tax-deductible donation to Community of Caring today!**

\$25  \$50  \$100  \$ \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY : \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Mail to: Attn: Veldean, Aspen Mine Center, P.O. Box 1587, Cripple Creek CO 80813

## Services and Office Hours at the Aspen Mine Center

Services accessible through the Aspen Mine Center, 166 E. Bennett Avenue, Cripple Creek, 689-3584:

**Alcoholics Anonymous Meetings** ... 7 p.m. Mondays

**Aspen Mine Food Pantry** ... 9 a.m. – 5 p.m., Monday through Friday

**Aspen Mine Senior Club** ... Hot meals 11:45 a.m.-12:15 p.m. Mon., Wed., Fri.; for information on activities and resources, call 689-3584.

**CASA** (Court Appointed Special Advocates) ... By appointment. Call 447-9898 x1007

**Commodities**... 9 a.m. – 2 p.m. last Friday of each month.

**Community of Caring** (assistance programs) ... 9 a.m.— 5 p.m. Monday through Friday.

**Community Health Centers** ... Peak Vista's clinic in Divide is open 7:30 a.m.— 6 p.m. Monday through Friday. For appointments, call 687-4460. For transportation, call Ted or Veldean at 689-3584.

**Community Partnership** ... Play group for ages 0—9, Fridays 9 a.m. to 11 a.m. at Aspen Mine Center. For information on other programs, call 686-0705 or see Ted or Veldean.

**Cripple Creek Coffee** (and Internet Café) ... winter hours: 7 a.m.-2 p.m. Monday through Friday.  
**Disability Services of Colorado** ... Free hearing tests, last Friday of month, 9 a.m.—noon.

**Dressing Room** (clothing center) ... 8 a.m.-5 p.m. Monday through Friday.

**Grandparents Support Group** ... 6-8 p.m. first and third Thursdays. NO MEETING JULY 3.

**Journeys Counseling Center** ... Group classes 9 a.m. and 11:30 a.m. Thursdays or by appointment. To schedule, call Barbara at 687-6927.

**Legal Help** ... Third Thursdays: "Call a Lawyer" 7 pm—9 pm; Legal Aid by appointment. 471-0381.

**Pikes Peak Mental Health Center** ... 9 a.m.-5 p.m. Mon.-Fri. Call 572-6330 or 689-3584.

**Pikes Peak Workforce Center** ... 9 a.m.-1 p.m. Monday through Friday; see Hank. Second and fourth Tuesdays Spanish-speaking assistance by appointment. Call for more information 689-3584.

**Prospect Home Care & Hospice** ... By appointment at the Aspen Mine or your home. Call 687-0549.

**Salvation Army** ... 8 a.m.-5 p.m. Monday through Friday

**Teller County Dept. of Social Services** (Medicaid) ... 8:30 a.m.-4:30 p.m. Mon., Wed., Thurs., Fri.; 8:30 to noon, Tuesday.

**Teller County Public Health (TCPH)** ... Every Wednesday, by appointment 11 a.m.—noon and the last Friday of each month by appointment 9 a.m. to 3 p.m. Call 687-6416 for information/appointments.

*Well-Child exams and preschool physicals; Child/Adult Immunizations;*

*Health Screenings (cholesterol, blood pressure, glucose, oxygen level);*

*Women's and Men's Health Services; Nutrition/Weight education; Smoking Cessation*

**Teller Pregnancy Resource Center** (ultrasound) ... 11 a.m.-3 p.m. Fridays; Woodland Park noon to 4 p.m. Monday—Friday. Call 687-1200.

**TESSA** (advocacy and therapy for victims of domestic violence) ... 8:30 a.m.-4 p.m. Monday—Friday; call 689-3584 x118. Crisis line 719 633-3819.

**The Resource Exchange**... For information, call Diane at 687-5047.

**Vocational Rehab** ... As needed; call for appointment.

**Weight Watchers** ... 6 p.m. Tuesdays.

**Welcome Home Warrior**...For information on services, call Donna in Woodland Park at 719-439-3621.

The Aspen Mine Center newsletter is published seasonally by the **Community of Caring Foundation**, a 501c3 organization.  
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### **FREE SUMMER CLASSES& SERVICES**

#### **From Teller County Public Health**

7/9/08 - CRIPPLE CREEK  
5:00—7:00 pm  
Small Changes Make a Big Difference  
Preventing Diabetes Type II  
RSVP Josette Montes 687-6416

7/22 - 8/12/08 - WOODLAND PARK  
5:30 - 7:30pm  
Dining with Diabetes  
Diabetes Nutrition class  
RSVP Josette Montes 687-6416

7/28 - 8/1/08 - DIVIDE  
Back to School Immunizations  
at Teller County Public Health  
No Child Turned Away  
Contact Josette Montes 687-6416

8/5/08 - CRIPPLE CREEK  
5:30 - 6:30pm  
Eat Well - Stay Active  
Nutrition and Wellness Class  
RSVP Josette Montes 687-6416

9/2/08 - WOODLAND PARK  
5:30 - 6:30pm  
Eat Well - Stay Active  
Nutrition and Wellness Class  
RSVP Josette Montes 687-6416

FREE TAI CHI CLASSES are offered weekday mornings at various locations in Florissant, Cripple Creek and Woodland Park. Call Karen Muntzert at 687-6416 for Woodland Park, Pam Palmer at 748-3378 for Florissant, and Vicki Caldwell, 686-7931, for Cripple Creek.